Ascension **Personalized Care**

Member Updates



Open Enrollment is coming soon



The countdown is on to the 2024 Marketplace Open Enrollment. The Open Enrollment Period for 2024 coverage will run from Nov. 1, 2023 through Dec. 15, 2023. More details are coming in the August edition of the Member Newsletter.

Speak to a nurse 24/7

If you're not feeling well, you can speak with a nurse 24/7 to get answers to your health questions and find out if you need to see a doctor, visit an urgent care, or express care clinic. To find the nurse line in your area, click the button below.

24/7 nurse line

Summer is the perfect time to get outside

With warm and sunny days upon us, it's a great time to enjoy the outdoors.

Engaging in outside activities can improve your mental health and help manage your weight.

Here are some fun things you can do to get moving:

- Running or walking
- Swimming
- Golfing
- Kayaking



Find a Doctor report form

Have you come across incorrect information within our Find a Doctor search? Having trouble finding a doctor? You can now report it by filling out a form on our website.

Once the form is submitted, please allow up to 7-10 days for an update or response.

Report a problem

Chat with us

Do you have questions about your plan or coverage? We're here for you!

You can now chat directly with a customer service representative, available on our website. Simply click the Chat With Us button in the lower right corner of our website to begin speaking with someone.



Exclusive member discounts

Ascension Personalized Care is excited to partner with local restaurants, markets and eateries to provide our members with special discounts.

Quench your thirst with a delicious smoothie. SmoothieBox is offering our APC members a subscription to smoothie mixes as well as a variety of tools to support you on your health journey.

Explore our website to see all the organizations we have teamed up with to offer exclusive discounts to our members.

Member discounts

Uniquely Ascension Service Center



Phone: 833-600-1311 **TTY:** 586-693-1214 *Monday through Friday, 8:00 a.m. to 6:00 p.m. EST*

Email: apcsupport@ascension.org

Address: PO Box 1707 Troy, MI 48099-1707







Ascension Personalized Care benefits are underwritten by US Health and Life Insurance Company.

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