



APC Special Enrollment Period

Did you know that there is a Special Enrollment Period (SEP) each year? It is available for those who experience a life event such as having a baby, getting married or turning 26 and aging out of their parents healthcare plan.

If you have questions about enrolling your spouse or dependents during the SEP, contact a sales support specialist at 844-828-5968, Monday through Friday, 8:00 a.m. to 4:30 p.m. EST.



Genetic testing-what you need to know

There are many benefits to your Ascension Personalized Care health plan including 100% coverage of certain preventive care services. Unfortunately, genetic testing is **not** covered unless an authorization is requested and approved for medical necessity at an in-network lab.

To find a list of covered preventive care services, please visit the [health and wellness](#) section of our website.

Are you expecting a baby?

If you are pregnant or plan to have a baby, we have great news!

Five Ascension hospitals in the Ascension Personalized Care network were recently recognized on Newsweek's "America's Best Maternity Hospitals 2023" list:

- Ascension Borgess Hospital in Kalamazoo, MI
- Ascension Providence Hospital-Southfield campus in Southfield, Michigan
- Ascension Seton Hays in Kyle, TX
- Ascension St. Vincent Carmel in Carmel, IN
- Ascension St. Vincent in Evansville, IN

Be sure to visit our [Find a Location page](#) to view addresses and additional contact information for these five locations.



Important APC reminders

Automatic payments: As we head into the second half of 2023, don't forget the automatic payment option is available for APC members. The benefits include never missing a premium payment again and receiving reminders when payments are coming up.

To begin setting up autopay, just log in to your member portal and click the payments section [here](#).

APC education: We know that insurance should be easy to understand and use. That's why we created an education section on our website. You can download short videos that will show you how to make a payment, how to find a doctor, how to utilize your benefits and how to access the member portal. We also offer articles on how health insurance works and understanding the Affordable Care Act.

Learn more about APC and general insurance information below.

[APC videos and articles](#)

Summer safety tips

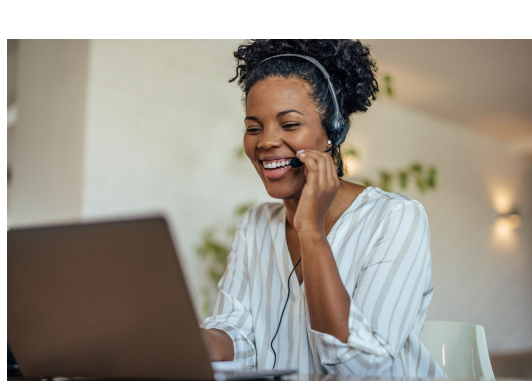
Summer is a great time for swimming, bike riding and enjoying the outdoors. But every season has its hazards and this time of year is no exception.

Stay safe this summer by practicing this advice:

- Protect yourself from the sun by wearing a hat and sunscreen
- Wear bug spray
- Wear a bike helmet
- Always swim with a friend

To read more about what else you can do to stay safe this summer, click [here](#).

Uniquely Ascension Service Center



Phone: 833-600-1311

TTY: 586-693-1214

Monday through Friday, 8:00 a.m. to 6:00 p.m. EST

Email: apcsupport@ascension.org

Address: PO Box 1707
Troy, MI 48099-1707



Ascension Personalized Care benefits are underwritten by US Health and Life Insurance Company.

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