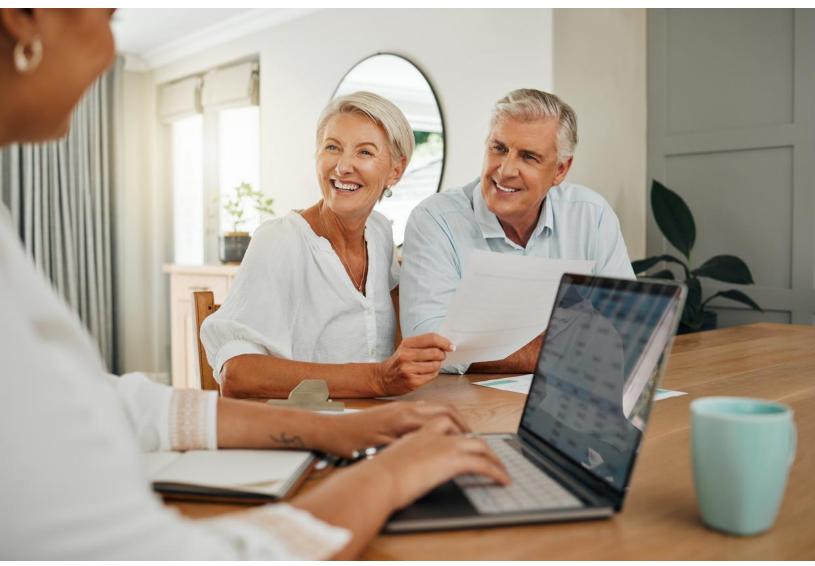
Member Updates



2024 OEP has arrived



The 2024 ACA Open Enrollment Period is here!

As an Ascension Personalized Care member, you already know we created and designed this health plan for what matters most-you. We will offer individual Marketplace health plans in Indiana, Kansas, Tennessee, and Texas beginning Jan. 1, 2024.

Has anything changed from last year?

- You will need to update your information if any of the following is true:
- Change in income
- Moved

- Need to add/remove family members
- Any other important life changes

To make changes to your APC plan, visit <u>enroll.ascensionpersonalizedcare.com</u> by Dec. 15, 2023. If you do not have any changes, **you do not need to do anything and you will automatically be re-enrolled** in the same plan on Dec. 15.

Please note: APC plans are only available in select counties in Indiana, Kansas, Tennessee and Texas for 2024. If you are in Michigan or an effected county, you will need to visit healthcare.gov to enroll in a new plan for 2024. To view 2024 counties, click below.

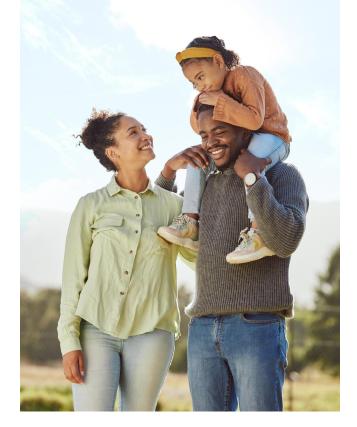
2024 APC service areas

Understanding ACA and 2024 changes

ACA stands for the Affordable Care Act. Ascension Personalized Care offers a variety of affordable plan choices designed to be easy to understand and use, so you can focus on your health.

Please note that previously, enrollees had 90 days to send regulators income proof. During the 2024 enrollment period, they will have 60 days. Also, adults turning 26 in 2024 can stay on APC until the next enrollment cycle.

It's important to enroll in health coverage because:



- It can help you manage your health and the costs associated with it.
- Without health insurance, you will be responsible for the full cost of medical care.

Enjoy Thanksgiving in a healthy way



Thanksgiving is around the corner and we all want to enjoy dinner without feeling uncomfortable afterwards. To avoid feeling full, stay hydrated, eat breakfast that morning, and go for a walk after dinner.

To learn more, check out our health and wellness page on our website for articles on overall well-being including mental, emotional, and spiritual health.

Health and wellness

Utilize your 2023 APC benefits

There is a little over a month left to use your Ascension Personalized Care benefits.

Don't miss out on getting the most from your health insurance plan. If you haven't done so already, be sure to schedule your annual wellness visit with your doctor before Dec. 31, 2023. To review your benefits please visit the member portal.

Member portal

Uniquely Ascension Service Center



Phone: 833-600-1311 TTY: 586-693-1214

Monday through Friday, 8:00 a.m. to 6:00 p.m. EST

Email: apcsupport@ascension.org

Address: PO Box 1707 Troy, MI 48099-1707









Ascension Personalized Care benefits are underwritten by US Health and Life Insurance Company.

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