

Happy Holidays!



Don't wait-enroll in APC today

Today is the **last day** to re-enroll or make changes to your Ascension Personalized Care health insurance plan for coverage beginning Jan. 1, 2023. We will offer plans in Indiana, Kansas, Michigan, Tennessee, and Texas.

Click below to find a flexible and affordable health plan that's right for you.

[Enroll now in APC](#)

Welcome to the APC network

We are excited to announce more doctors and locations joining the APC network:

- Elizabeth Lake Urgent Care, PLLC dba Ascension MyHealth Urgent Care, Waterford (Detroit market)
- Romeo Plank Urgent Care PLLC (Detroit market)
- Rochester Radiology PC (Detroit market)
- Sullivan County Community Hospital (Detroit and Evansville markets)
- Living Story Mental Health and Healing (Evansville market)
- Creative Thoughts Counseling Center, LLC (Indianapolis market)
- Wichita Ambulatory Anesthesia Providers, LLC (Kansas market)
- Compassus AAH of Michigan III LLC dba Compassus Upper Peninsula (National market)



APC and genetic testing

Ascension Personalized Care does not cover genetic testing **unless** an authorization is requested and approved for medical necessity at an in-network lab.

If you have any questions, APC customer service representatives are available Monday through Friday, 8:00 a.m. to 6:00 p.m. EST at 833-600-1311.

Stay safe and healthy this holiday season

While the holiday season is a time to be with friends and family, it is also a time safety should be top of mind. One way to stay safe is be prepared when traveling. Make sure your vehicle is in good running condition and pack blankets, water, and food in case of an emergency. Here are other ways you can stay safe:

- Turn off or unplug decorations when leaving the house or going to bed
- Watch out for candles and fireplaces so they don't start a fire
- Exercise regularly and drink more water
- Wash your hands often



Ascension Personalized Care benefits are underwritten by US Health and Life Insurance Company.

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