Ascension Personalized Care

Member Newsletter

Volume 1, Issue 1

Visit an in-network doctor today

Being an Ascension Personalized Care member means you will always have access to our innetwork doctors and locations. To find a doctor or location, click the Find a Doctor button below. From there, you will be able to see a list of in-network doctors and locations.

Members also have access to Ascension Online Care, available 24/7. Get the care you and your family need using your smartphone, tablet or laptop It's easy to use, private and secure. Our experienced care team provides online care - including diagnosis - for a wide variety of symptoms and conditions. Visit ascensiononlinecare.org or download the Ascension Online Care app to your mobile device.



Out-of-network doctors are not covered by your Ascension Personalized Care plan. If you see a doctor who is not within the Ascension Personalized Care network you will be responsible for the full amount of the service. Emergency services provided by an out-of-network doctor will be covered at the network doctor level when the services provided are for a medical emergency. Please refer to your member handbook for more information.

Find a Doctor

Automatic payments We are currently working on an automatic payment

feature that will be available to members in the coming months. Members will be able to add their bank account or credit/debit card information in their account and choose for their monthly premium to be taken out automatically each month.

We will notify members in the coming months once this optional feature is available. Until then, please continue to login monthly and manually send your payment. You can also mail your payment to:

US Health and Life Insurance Company Ascension Personalized Care PO Box 72152

Cleveland, OH 44192

Make checks payable to US Health and Life

Insurance Company and include your Federal Exchange ID on your check.



Changing/updating information If you created an account on

make updates to your plan at any time. Important updates include: A change of address • If you or a dependent have a change in

enroll.ascensionpersonalizedcare.com you can

- your income
- If you get married or divorced • If you have a child or adopt If you enrolled through the Health Insurance

Marketplace you will need to visit healthcare.gov or call the Marketplace directly at 800-318-2596 to make any changes.

Update your information



Visit the Health and Wellness section of the Ascension Personalized Care website. Here you will

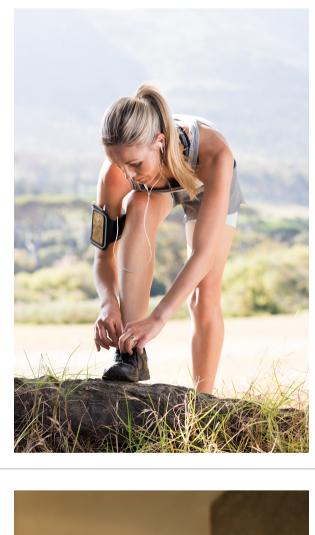
Health and wellness

find information to support your overall well-being including your mental, emotional and spiritual health. Topics include: • Check your symptoms • Preventive care

- Heart health • How to quit smoking
- Mindfulness meditation Visit readiness
- Secrets to longevity Annual physical
- Health and wellness

Uniquely Ascension

Service Center



Customer service representatives are available Monday through Friday, 8:00 a.m. to 6:00 p.m. EST.

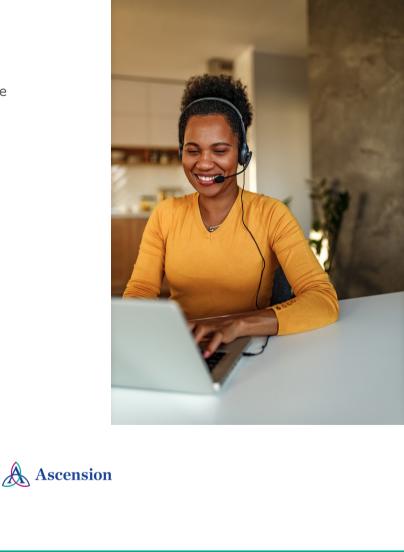
Contact us at: Phone: 833-600-1311

Email: apcsupport@ascension.org Address:

TTY: 586-693-1214

Ascension Personalized Care PO Box 1707

Troy, MI 48099-1707







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Ascension Personalized Care benefits are underwritten by US Health and Life Insurance Company.

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