

Urinary Conditions and Symptoms

Ascension
Personalized Care

What to know and when to get help

Urinary tract infections are common, especially in women. It's important to be familiar with the basic signs and symptoms. Please reference the guidelines below to track the severity of your condition.



Manage your symptoms by:

- Drinking lots of fluids
- Wipe from front to back after urinating
- Wear cotton underwear
- Take over-the-counter pain medicines



Contact your doctor if you have:

If you cannot reach your doctor in 24 hours, please visit a walk-in clinic.

- Burning or pain with urination
- Frequent urination in small amounts
- Urgency to urinate
- Cloudy or foul-smelling urine



Go to the ER or dial 911 if you have:

- Are unable to urinate
- Have a fever of 102°F (39°C) or higher
- Have chills, back pain or abdominal pain
- Have a large amount of blood in your urine

*If you are experiencing a life-threatening emergency, go directly to the ER or dial 911.

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