

## What to know and when to get help

It is best to see a dentist if you are having problems with your teeth. If you are unable to see a dentist before needing care, please reference the guidelines below to track the severity of your condition.



### Manage your symptoms by:

- Taking over-the-counter pain relievers
- Applying ice pack to decrease swelling



### Contact your doctor if you have:

If you cannot reach your doctor in 24 hours, please visit a walk-in clinic.

- An abscess of your tooth or drainage of pus
- Swelling of your face
- A fever



### Go to the ER or dial 911 if you have:

- Loss of teeth due to recent trauma
- Significant swelling of your face or neck

\*If you are experiencing a life-threatening emergency, go directly to the ER or dial 911.